

[](http://sacredheartsns.net/)

**Restorative Pack**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Class: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**This pack will be used as a basis for discussion during your post/pre- isolation or mediation meeting and kept on file for future reference.**

**Why do this pack?**

**In a restorative response to harm or conflict, students are invited to share:**

* What has happened (in their opinion).
* What they believe the impact has been on those involved.
* What they think needs to happen to put things right or to make things better in the future.

**Restorative approaches are based on four key features:**

* **RESPECT** – everyone by listening to other opinions and learning to value them
* **RESPONSIBILTY** - taking responsibility for your own actions
* **REPAIR** – developing the skills within our school community so that its individual members have the necessary skills to identify solutions that repair harm and ensure behaviours are not repeated
* **RE-INTEGRATION** - working through a structured, supportive process that aims to solve the problem and allows young people to re-join their peers

**By using a restorative method it is hoped that students who have had a negative effect on others will realise the impact of their actions, have a better understanding of another person’s perspective and a more positive outlook looking forward.**

**SECTION A – To be completed independently**

**About you**

**How do you *feel* right now? You can use the examples on the back page to help.**

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**Explain what happened, that led up to you being here today. Describe your *thoughts* and reasons for your actions.**

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**How did you *feel* then? You can use the examples on the back page to help you.**

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**About others**

**How do you think the other student involved felt at the time?**

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**How do you think the member of staff felt at the time?**

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**Draw what happened**

**How do you think the rest of your class felt at the time?**

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**What impact could your actions have had on your peers’ education or class-work?**

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**Making things right for yourself and others**

**If you were in the same situation again, what would you like others to do differently?**

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**If you were in the same situation again, what would you do differently?**

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**What can you do to put things right?**

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**SECTION B – To be completed with staff support**

**Please record any actions that need to take place before the student meets with relevant staff and any support they require to achieve this. (E.g. write an apology letter, make behaviour targets etc.)**

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**Having discussed SECTION A with the student, please make notes regarding their attitude, any extenuating circumstances or concerns raised by the student.**

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**If you have read through *Section A* and *Section B* and are satisfied that that the student has given their honest account of the situation and has made sensible suggestions for resolution, please plan a meeting with the appropriate member of staff.**

**Is the student ready for a meeting to discuss actions for the future?**

**Yes, the student has been mature and sensible about the situation. Meeting arranged with \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(staff member)**

**on \_\_\_/\_\_\_/\_\_\_\_\_\_\_\_ (date) at \_\_\_\_\_:\_\_\_\_\_ (time) to discuss any further action.**

** No, I would like the student to consider \_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ before arranging the meeting.**

**SECTION C – To be completed at meeting with student and staff member.**

**What actions have been agreed for the future and is any support required to achieve these?**

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**Are all parties satisfied with the process and what has been agreed?**

**Staff member Yes/ No Student Yes/ No**

**Signed \_\_\_\_\_\_\_\_\_\_\_\_\_ Signed \_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date \_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**Notes\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Joyful** | **Sensitive** | **Helpless** | **Defeated** | **Regretful** |
| **Cheerful** | **Sympathy** | **Powerless** | **Bored** | **Outraged** |
| **Content** | **Adoration** | **Dreading** | **Rejected** | **Hostile** |
| **Proud** | **Fondness** | **Distrusting** | **Disillusioned** | **Bitter** |
| **Satisfied** | **Receptive** | **Suspicious** | **Inferior** | **Hateful** |
| **Excited** | **Interested** | **Cautious** | **Confused** | **Scornful** |
| **Amused** | **Delighted** | **Disturbed** | **Grief-stricken** | **Spiteful** |
| **Elated** | **Shocked** | **Overwhelmed** | **Helpless** | **Vengeful** |
| **Enthusiastic** | **Exhilarated** | **Uncomfortable** | **Isolated** | **Disliked** |
| **Optimistic** | **Dismayed** | **Guilty** | **Numb** | **Resentful** |
| **Elated** | **Amazed** | **Hurt** | **Regretful** | **Trusting** |
| **Delighted** | **Confused** | **Friendly** | **Ambivalent** | **Alienated** |
| **Calm** | **Stunned** | **Melancholy** | **Exhausted** | **Bitter** |
| **Relaxed** | **Interested** | **Depressed** | **Insecure** | **Insulted** |
| **Relieved** | **Intrigued** | **Hopeless** | **Disgusted** | **Indifferent** |
| **Hopeful** | **Absorbed** | **Sad** | **Pity** | **Embarrassed** |
| **Pleased** | **Curious** | **Guilty** | **Revolted** | **Upset** |
| **Confident** | **Anticipating** | **Hurt** | **Frustrated** | **Honest** |
| **Brave** | **Eager** | **Lonely** | **Weary** | **Untrustworthy** |
| **Comfortable** | **Hesitant** | **Regretful** | **Bored** | **Tired** |
| **Safe** | **Fearful** | **Depressed** | **Preoccupied** | **Out of control** |
| **Happy** | **Anxious** | **Hopeless** | **Angry** | **Intimidated** |
| **Loving** | **Worried** | **Neglected** | **Jealous** | **Talkative** |
| **Shy** | **Scared** | **Uncertain** | **Envious** | **Stupid** |
| **Interested** | **Insecure** | **Anguished** | **Annoyed** | **Unintelligent** |
| **Tender** | **Rejected** | **Disappointed** | **Humiliated** |  |
| **Compassionate** | **Horrified** | **Self-conscious** | **Irritated** |  |
| **Caring** | **Alarmed** | **Ashamed** | **Aggravated** |  |
| **Infatuated** | **Shocked** | **Embarrassed** | **Restless** |  |
| **Concerned** | **Panicked** | **Humiliated** | **Grumpy** |  |
| **Trusting** | **Afraid** | **Disgraced** | **Awkward** |  |
| **Liking** | **Nervous** | **Uncomfortable** | **Exasperated** |  |

Feeling words

